

TEAM ITINERARY MIDWEST MEET OF CHAMPIONS 2012



All 2012 Team Ohio athletes and coaches are to report to the Jesse Owens Memorial Stadium (OSU Track) <u>at the main atrium behind the Jesse Owens Memorial Statue</u> on the morning of Friday, June 8th.

It is important to arrive on time or a bit early. Uniforms will be issued, forms will be turned in, and brief introductions will take place before boarding two charter buses for the trip to IUPUI, Fort Wayne.

A more detailed itinerary appears below:

Friday 6/8

- 10:00 AM Team Meeting at Jesse Owens Memorial Statue in front of the Jesse Owens Memorial Stadium (OSU Track Complex)
- 10:30 AM Buses departs for IUPUI, Fort Wayne, IN
- 2:30 PM Buses arrive Dorm assignments made
- 4:00 PM Buses depart for practice at Northrop HS.
- 5:30 PM Buses return athletes clean and dress for banquet. (Men wear slacks, collared shirt and ties. Ladies should in dresses)
- 6:45 PM Midwest Meet of Champions Banquet with Michigan & Indiana at Ceruti's Diamond Room
- 9:30 PM Team Meetings (location TBA)
- 10:00 PM Athletes to dorms for the night
- 11:00 PM Lights out

Saturday 6/9

- 6:45 AM Wake up
- 7:00 AM Breakfast in Club House (Dorm game room 7-9 AM)
- 10:00 AM Team Picture in front of Cole Commons by pond and then Check Out
- 10:30 PM Depart for Northrop HS
- 12:00 PM Parade of Champions
- 12:30 PM Field Events Introductions / begin
- 1:00 PM Running Events begin
- 4:00 PM Team meetings Approximate ending of the meet and awards pictures
- 4:45 PM Depart for home (box lunches provided)
- 8:30 PM Arrive in Columbus
 - (Cleveland and Toledo athletes & coaches will travel separately where possible.)

MIDWEST MEET OF CHAMPIONS ATHLETE CHECKLIST

WHAT TO BRING

- 1. FORMS
 - a. Completed Medical Information Sheet (blue)
 - b. Signed Ohio Conduct Agreement & Parent Permission Form (other side of blue sheet)
 - c. If taking the ACT: Picture ID and Registration
- 2. Practice Gear and Warm-ups
 - a. Sweats, T-shirts, shoes, rain gear, etc.
 - b. T-shirt to trade!
- 3. Competition Gear
 - a. Shoes (1/4" or smaller spikes)
 - b. You will receive and get to keep an OHIO team uniform and T-shirt
 - c. Throwing or vaulting equipment
- 4. Banquet Attire
 - a. Women: Dress, skirt, or dress slacks and a blouse.
 - b. Men: Nice slacks, shirt, and tie. Jacket is optional.
- 5. Casual clothing for travel, on campus, in dorm, and breakfast.
- 6. Personal Items
 - a. Toiletries toothbrush, toothpaste, comb, brush, shampoo, soap, shaving supplies, etc.
 - b. Camera
 - c. I-pod / headphones
 - d. Pillow / blanket
 - e. Extra money for purchasing team picture, award stand picture, MMC tshirt, or extra snacks. Friday's dinner and Saturday's breakfast and lunch are provided.